



Montana Gluten Free Processors

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No Bake Chocolate Oatmeal Bars

Ingredients:

- 1 cup organic peanut butter or sunflower seed butter
- ½ cup raw honey or you can use maple syrup
- ½ cup organic virgin coconut oil
- ½ cup organic cacao powder
- 1 cup shredded organic coconut
- 2 cups Montana Gluten Free Organic Raw Oatmeal
- 1 tsp Vanilla
- Mini chocolate chips

Directions:

- Put the peanut butter (or sunflower seed butter), honey and coconut oil in a medium sauce pan. Heat on medium heat until melted, do not boil. Add the cacao powder, stir until the mixture is smooth. Remove from heat and add the vanilla, stir in then add the shredded coconut and raw oatmeal.
- Put into parchment lined 10" X 7" baking dish.
- Sprinkle a few mini chocolate chips on top and pat down into the mixture.
- Put in the refrigerator. Once hard, cut into squares. Must be kept in the refrigerator.

**recipe submitted by Montana Gluten Free customer Dianne L. (summer 2015)